

YOUR
KING COUNTY

BENEFITS

Regular Employees

2007



King County

WELCOME TO YOUR KING COUNTY BENEFITS

Your King County Benefits is the first place to turn when you want to know more about your county benefits or if you just have a benefit question.

This guide contains information related to your county:

- medical plans;
- dental and vision plans;
- flexible spending accounts (FSAs);
- long-term disability insurance; and
- life and accident insurance.

A Quick Glance at Your Benefits

You can get a quick overview of your benefits in *Benefits at a Glance*. If you want more details, you can dig deeper into each section. For example, in *Health Care*, you can find:

- “Participating in the Health Care Plans,” with information about eligibility, enrollment and more;
- “Medical Plans,” with detailed information about KingCareSM and Group Health; and
- “Continuing Coverage Under COBRA,” with information about how you and/or your eligible dependents may continue medical coverage at group rates.

For information about the things you need to do when events such as marriage or retirement occur, be sure to look at *What Happens If...*

This guide is for regular employees. A different version of this guide provides summaries of the benefits that are offered to part-time transit operators, who have variations of the benefits described in this guide.

If you can't find what you're looking for, refer to *Contact Information* for phone numbers, e-mail addresses and Web sites.

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